

KSD Four Cycle 2018-19 Menus

August 13, 2018 - May/June 2019

Weeks	Sunday	Monday	Tuesday	Wednesday	Thursday
Week (1)	DINNER	DINNER	DINNER	DINNER	DINNER
8/12/18	Meatloaf	Polish Sausage on W.G. Buns	Breaded Chicken	Hamburgers on W.G. Buns	Chicken Taco Salad
9/9/18	Pinto Beans	Corn	Green Beans	Lettuce/Tom/Pickles/Cheese	Cheesy Chicken; Lettuce
10/7/18	Scalloped Potatoes	Potatoes	Seasoned Noodles	Onion Rings	Tomatoes; Tortilla Chips
11/6/18	W.G. Muffins	Fruit Cups	Fruit in Season	Mixed Fruit Cup	Tossed Salad/FF Ranch Dressing
12/9/18		Catsup, Mustard, Miracle Whip	Milk Catsup / Mustard	1% or Fat Free Chocolate Milk	Corn; Sour Cream, Salsa
1/21/19	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	Catsup, Mustard, Miracle Whip	1% or Fat Free Chocolate Milk
2/18/19	SNACK	SNACK	SNACK	SNACK	SNACK
3/17/19	(1) Sun Chips	(1) Gold Fish Cheese Crackers	(1) Teddy Grahams	(1) Fruity Cheerios Bowl	(1) String Cheese(1) Goldfish Grahams
4/21/19	Juice	Juice	Juice	Milk	Milk
5/19/19					
Week (2)	DINNER	DINNER	DINNER	DINNER	DINNER
8/19/18	Chicken Patty on W.G. Bun	Meatball Subs on W.G. Hot Dog Buns	Corn Dogs	Chicken Tenders	Chicken & Noodles
9/16/18	Green Beans	Tater Tots	Peas	Cheesy Rice	Tossed Salad/FF Ranch Dressing
10/14/18	Fruit Cups	Mixed Vegetables	Baked Beans	Broccoli	w/ W.G. Croutons& Cheese
11/11/18	1% or Fat Free Chocolate Milk	Slushie Side Kicks Cups	Mixed Fruit Cup	Fresh Fruit	Broccoli
12/16/18	Catsup, Mustard, Miracle Whip	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	(1) W.G. Dinner Roll; Catsup/Mustard	Applesauce Cups
1/27/19			Catsup, Mustard	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk
2/24/19	SNACK	SNACK	SNACK	SNACK	SNACK
3/24/19	(1) Chex Mix	(1) Sun Chips	(1) Pretzels	(1) Blueberry Bagel	(1) Gold Fish Cheese Crackers
4/28/19	Juice	Juice	Juice	Milk	Milk
5/26/19					
Week (3)	DINNER	DINNER	DINNER	DINNER	DINNER
8/26/18	Hot Dogs on W.G. Buns	Lasagna	Breakfast for Dinner	Pizza	Beef Taco Salad w/ Lettuce Tom
9/23/18	Hash Brown Casserole	Corn	Cheese Omelet; Turkey Bacon	Corn	Rice
10/21/18	Green Beans	W.G. Garlic Breadsticks	Hash Brown Patty	Tossed Salad/FF Ranch Dressing	W. G. Tortilla Chips
11/25/18	Grapes	Peach Cup	W. G. Biscuit & Jelly	w/ W.G. Croutons& Cheese	Fresh Fruit
1/6/19.	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	Applesauce Cups; Catsup	Fresh Fruit	1% or Fat Free Chocolate Milk
2/3/19.	Catsup, Mustard		1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	Sour Cream, Salsa
3/3/19.	SNACK	SNACK	SNACK	SNACK	SNACK
4/7/19.	(1) Pretzels	(1) Chex Mix	(2) Grahams Squares Packs	(1) Fruity Cheerios Bowl	(1) Blueberry Bagel
5/5/19	Juice	Juice	Juice	Milk	Milk
Week (4)	DINNER	DINNER	DINNER	DINNER	DINNER
9/3/18	BBqd Chicken on W.G. Bun	Chicken Nuggets	Salisbury Steaks	Hamburgers on W.G. Buns	Hot Dog on W.G. Bun
9/30/18	Broccoli	Tater Tots	Potatoes & Gravy	w/ Cheese; Lettuce & Pickle	Mac and Cheese
10/28/18	Rice	Mixed Greens	Green Beans	Baked French Fries	Sweet Potato Fries
12/2/18	Mixed Fruit	Applesauce Cups	Melon in Season / Fruit Cup	Baked Beans	
1/13/19		W.G. Dinner Rolls; Catsup/Mustard	W.G. Dinner Rolls	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk
2/10/19	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	1% or Fat Free Chocolate Milk	Catsup, Mustard, Miracle Whip	Catsup, Mustard
3/10/19	SNACK	SNACK	SNACK	SNACK	SNACK
4/14/19	(2) Grahams Squares Packs	(1) Pretzels	(1) Gold Fish Cheese Crackers	(1) Fruity Cheerios Bowl	(1) String Cheese(1) Goldfish Grahams
5/12/19	Juice	Juice	Juice	Milk	Milk